



PO BOX 648 WAUKESHA WI 53187 Member FDIC

## **DIY EMOJI ROCKS!**

Make someone's day by hiding funny emoji rocks around your neighborhood! You can just add an emoji face or add a fun, uplifting saying as well.

It's super easy, here is everything you need:

- Rocks
- Paint or Markers
- Waterproof Sealer

#### Directions:

- 1. Find rocks (just make sure you have permission to take them first).
- 2. Rinse your rocks and dry them thoroughly.
- 3. Use your paint or markers to draw your emoji face.
- 4. Add a fun saying on the back (optional).
- 5. Let your artwork dry and then spray a little waterproof sealer over the entire thing.
- 6. Once the sealer is dry, go out and hide your rocks around the neighborhood!



https://childhood101.com/rock-painting-ideas-for-kids-emoji-rocks/

# FRIENDLY POST

A special note from Friendly the Eagle

October 2022





## **BE A SUPERHERO: PROTECT YOUR MONEY!**

Protecting your money is important and something everyone should learn how to do. If you don't keep it safe, someone else could take it, or you might accidentally lose it (especially if you have a messy room).

There are two easy ways to protect your money:

- First, when you're at home, you should always put your money in a piggy bank or jar. Doing this will keep it off the ground, and keeps it all in one place so you always know where to find it. Just remember to keep your piggy bank or jar in a safe place too!
- Second, when your piggy bank or jar is full, you should deposit the money into your Friendly's Savings account at the bank. The bank has a big vault that keeps all the money safe, and only your parents or guardians can take it out when you need it.

You will need to do a bit more as you get older and have more accounts to keep track of, but until then, doing these two easy steps can help keep your money safe.

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# FUN THINGS YOU CAN DO THIS FALL

- Go apple picking
- Make caramel apples
- Carve or paint pumpkins
- Roast pumpkin seeds (see the recipe on page 3)
- Go on a hayride
- Wind your way through a corn maze
- Get crafty and make Halloween decorations
- Plan a group
   Halloween costume
   with friends
- Visit a haunted house (if you dare!)
- Go for a hike or bike ride in a local park
- Take pictures of the leaves changing colors
- Help make a dish for Thanksgiving
- Make a centerpiece to put on your Thanksgiving table

#### **ISPY FALL GAME**

Color all of the fall items below, and then see if you can count how many of each there are.



## PIZZA ROASTED PUMPKIN SEEDS

After carving your pumpkin, keep the pumpkin seeds for a fun and healthy snack!

- 1/2 cup clean and towel-dried pumpkin seeds
- 1 teaspoon olive oil or avocado oil
- Pizza seasonings: 1 tablespoon grated parmesan cheese, 1/2 teaspoon basil, 1/2 teaspoon oregano, 1/4 teaspoon sea salt, 1/8 teaspoon garlic powder



#### Directions:

- 1. Preheat oven to 300°F. Line a baking sheet with parchment paper, and set aside.
- 2. Clean the seeds after removing them from the pumpkin, pick out large chunks, fill a medium-size bowl with warm water, add the seeds and swirl around to dislodge any pumpkin "gunk." Let rest for five minutes, then remove the seeds onto a kitchen towel and pat dry.
- 3. In a small bowl, mix together your seasonings.\*
- 4. Toss the seeds with the oil, then add the seasonings and toss until each seed is well-coated.
- 5. Spread on the baking sheet in one layer. If you need to move to a second baking sheet, do so.
- 6. Roast for 20-30 minutes, stirring every 10 minutes, or until the are golden brown.
- 7. Let the seeds cool completely (they will crisp up as they cool).

\*For more seasoning ideas, go to https://wholefully.com/roasted-pumpkin-seeds-six-ways/

## **JOKER'S CORNER**

1. WHY WAS THE SKELETON AFRAID DURING A THUNDERSTORM?

2. WHERE DO GHOSTS GO DURING THE HOLIDAYS?

3. HOW DO YOU KNOW VAMPIRES LOVE BASEBALL?

5. WHY DIDN'T THE ZOMBIE GO TO SCHOOL?

4. WHAT DO YOU CALL TWO WITCHES SHARING AN APARTMENT?