



PO BOX 648  
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Member FDIC

# FRIENDLY POST

A special note from Friendly the Eagle

April 2025



Happy  
EARTH  
DAY



## YOU'RE INVITED: FRIENDLY'S ROLLER SKATING EVENT!

Come hang out with Friendly the Eagle and show off your roller-skating skills!

**Saturday, May 31st**

**10:00 a.m. - Noon**

**Waukesha Skateland**

*1931 E Main St. in Waukesha*

FREE for the first 300 Friendly's Club members and their immediate families.\*

**Registration will be open from May 1st - May 23rd.**

Go to [www.waukeshabank.com/friendlys-skateland-event](http://www.waukeshabank.com/friendlys-skateland-event) to register from May 1st through May 23rd.

Questions? Contact Sangeetha at [sravichandran@waukeshabank.com](mailto:sravichandran@waukeshabank.com) or (262) 549-8539.

We hope to see you there!

\*Immediate family are those living in the same household.



## EARTH DAY PLEDGES: HOW YOU CAN HELP THE PLANET & SAVE MONEY!

Are you looking for ways to celebrate Earth Day this year? Try creating your own Earth Day pledges! These are some fun ways you can keep the environment safe and keep money in your wallet. Write down some simple pledges that you can stick to. Here are some to get you started:

### PLEDGE TO REDUCE YOUR PLASTIC WASTE BY USING REUSABLE BOTTLES AND BAGS.

This helps the planet by reducing the number of plastic bottles and bags that are made and helps keep them out of landfills. Instead, buy a reusable bottle to fill up whenever you need a drink, and some reusable bags to use at the store.

Doing these simple things can also save you money since you won't need to buy a new bottle every time you're thirsty. Plus, some stores give you discounts when you use your own bags!



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Plus, don't forget to go to the Friendly's Club page on our website, at the beginning of each month, to view the new monthly trivia question. Answer the question at any Waukesha State Bank office, and get a token that you can save and redeem for cool prizes.



# DID YOU KNOW?

The first Earth Day started with the idea of a Wisconsin senator! Senator Gaylord Nelson, from Wisconsin, is the one who planted the seeds for Earth Day. He was a big believer in protecting the environment and wanted to raise awareness about pollution and other environmental problems.

So, next time you celebrate Earth Day, remember that it all started with a Wisconsin senator who wanted to make a difference!

Way to go Wisconsin!



## PLEDGE TO PLANT A TREE OR A SMALL PLANT.

One way plants and trees help us all is by absorbing carbon dioxide and releasing oxygen, which is what we need to breathe. Plus, some plants can save you money by growing food or beautiful flowers, which is often cheaper than buying those things at the store.

## PLEDGE TO TURN OFF LIGHTS WHEN YOU LEAVE A ROOM.

Turning off lights saves electricity, which can help lower your home's electric bill and save your family some money. Plus, it also reduces the amount of bad gasses and pollutants in the atmosphere that are created when making electricity.

Share your pledge with friends or family and encourage them to create their own! Together, we can all help protect the planet.

## RECYCLING TIPS

One of the easiest and most important ways to help our planet is by recycling! Recycling helps keep our Earth clean and saves energy, water, and natural resources. Here are some fun and simple recycling tips:

### REUSE BEFORE YOU RECYCLE

Reusing is even better than recycling! Before tossing something in the recycling bin, ask yourself: "Can I reuse this?" For example, did you know you can make reusable bags from old shirts? See the instructions below to learn how!

Recycling is an easy way to show love for our Earth every day, and Earth Day is a great reminder to get started. By making small changes, you can help keep the planet healthy for years to come. Let's make this Earth Day the best one yet!

### DONATE OLD CLOTHES AND TOYS

Instead of tossing out clothes or toys you don't use anymore, donate them! It's a way of recycling that lets someone else enjoy them, and they won't end up in a landfill.

### USE BOTH SIDES OF PAPER

Before recycling paper, try using both sides to save more trees. You can also draw or write on the back of old paper for fun projects!



## DIY T-SHIRT REUSABLE BAG

Get crafty and make smart garden art with plastic bottles!

### THINGS YOU'LL NEED:

- Old t-shirt (the thicker the fabric, the sturdier the bag)
- Sharp scissors (preferably fabric scissors)
- Washable marker (optional)



### INSTRUCTIONS:

1. Turn the shirt inside out and cut off the sleeves and the neckline.
2. Determine how deep you want the bag to be and trace a line at the bottom with the washable marker. Then cut "fringe" or strips about one inch apart from the bottom up to the line you traced.
3. Tie the fringe. Start by tying the first three pairs of strips. Then tie one of the middle strips into the first set and the other middle strip into the third set. Repeat until all the fringe is tied.
4. Turn the shirt outside in and you're ready to start shopping!

For full instructions with pictures, go to <https://mommypotamus.com/no-sew-t-shirt-tote-bag-tutorial/>

## BLUEBERRY EARTH DAY SMOOTHIE

Make a healthy snack and celebrate Earth Day with this delicious and beautiful smoothie, featuring kiwi land masses and blueberry oceans!

- 1 or 2 Kiwis
- 1 Banana (frozen or fresh)
- 1/3 cup Plain or Vanilla Yogurt
- 1/2 cup Frozen Blueberries
- Sugar or Honey (optional)

1. Set aside a slice or 2 of kiwi for garnish, if you'd like. Puree the remainder and set it aside.
2. Next, blend up your smoothie in a blender: Add the banana, 1/3 cup of yogurt, and 1/2 cup of blueberries. You can also add a bit of sweetener if you'd like - sugar or honey would be fine.
3. Pour your smoothie into a glass and then use a small spoon to add your green kiwi land (as shown in the picture). Add some kiwi and blueberry garnish. Now you've got an eye-catching and delicious Earth Day smoothie!



Source: [www.paper-and-glue.com/2015/04/blueberry-earth-day-smoothie.html](http://www.paper-and-glue.com/2015/04/blueberry-earth-day-smoothie.html)